

Extract of Verses from BREATH OF ETERNITY

Have You Given Away All You Posses! O Mortal!
Are You Ready To Ripen Like A Corn! O Mortal!
Are You Ready For The Dark Lord! O Mortal!
Why Do You Have Doubts About Thy Departure! O Mortal!
Be Sure Not To Choose the Pleasant! O Mortal!
Be Sure You Do Not Tread the Fortuous Path! O Mortal!
Be Sure Thou Does Not Tread the Fortuous Path! O Mortal!
Can You Leave Behind Both Joy And Sorrow! O Mortal!
Behold the Word Which All Declare! O Mortal!
Are You Not I, O Mortal!
Are Thou Not I, O Mortal!
I Dwell In The Deepest Reaches of Thy Soul! O Mortal!
I Am Creator of Your Body, My Chariot! O Mortal!
I Am The Tranquil Self That Restrains Thy Great Self! O Mortal!
Why Don't You Turn Thy Gaze Inwards! O Mortal!
Why Does the Earth's Joys Grow Dim! O Mortal!
Why Do You Go From Death To Death! O Mortal!
I Am The One Who Dispels The Darkness of Men! O Mortal!
I Am The Sudden Inspiration of the Mystic! O Mortal!
Be Sure You Shall Be Freed From Misery! O Mortal!
Seek Him In Thy Heart And Soul! O Mortal!
O Soul! Why Don't You Witness the Lord Turn on the Engines of Your Miracles
O Soul! Why Do You Witness Your Past Drive Your Futures Pace
O Soul! Why Don't You Witness Your Heart Trail the Heavens
O Soul! Why Don't You Witness the Heavenly Speed and Infallibility
O Soul! Why Don't You Witness the Deep Law in Things
With Sacrificial Fuel In Thy Hands Didn't You Approach Him! O Mortal!
Why Do You Strive Only To Win The Human World! O Mortal!
Why Don't You Get Established In The Stainless World! O Mortal!
O Life! You Move In The Womb As Lord of Creatures!
Is Not Your Life Born of the Self! O Mortal!
Why Do You Dream! O Mortal!
Everything Finds Rest In Thy Supreme Self! O Mortal!
When Shall You Reach the State When You Speak Not
When Shall You Allow Thy Drop To Become The Sea"
O Heaven's! Be Sure! I Can See the Murmurous Rivers of Felicity
O Heaven's! Let the Mortals Soul Be the Source and End of All Miracle
O Heaven's! Be Sure! I Can See the Treasure of My Old Unforgotten Ecstasies
O Heaven's! Let the Lord Lay His Hands upon the Mortal Soul of Flame
O Heaven's! Why Do You Tempt My Heart with the Far Lure of Heaven
O Heaven's! Let Me Witness the Lotus of the Light Petalled Ecstasy
O Heaven's! Let the Mortals Not Be Barred Out From Their Own Inner Depths
O Heaven's! Be Sure! I Can See the Loveliness of the Divine Symbol Shapes
O Heavens! I Can See the Divine Ignite In My Being the Cosmic Flame
O Heavens! Let My Soul Use Its Brilliant Force to Overcome the Ancient Darkness
O Heavens! I Can See My Being Witness the Ancient Vastness and Stillness
O Heavens! Let My Soul Gaze towards a Thousand Ancient Suns
O Heavens! Let My Soul Witness the Bright Kingdoms of the Rising Sun

*O Heavens! I Can See My Soul Seated and Absorbed In Deep Creative Joy
O Mother Earth! Can You Inspire Our Ascent to the Viewless Heights
O Mother Earth! Can You Let My Being Brood in Its Own Ancient Depths
O Mother Earth! Can You Let My Soul Be Rescued From Its Prisoned Consciousness
O Mother Earth! Can You Make Me Alive with Being's Eternity
O Mother Earth! Take Me to a World Where My Soul Is Attuned To the Universal Will
O Mother Earth! Why Can't We Cleave the Eternal Darkness in Us with the Mystic Fire
O Mother Earth! Why Can't We Hear the Flute of the Distant Player
O Mother Earth! Why Can't We See the Hidden Power That Sits in Our Body's Cells
O Mother Earth! Why Do I Seek To Capture Truth Only For Outward Use
O Mother Earth! Why Do We Willingly Submit To Crude Earthiness and Muddy Thrills*

About Author : The mystic writings and poems of author Anand Krishna helps us in dealing with everyday issues such as the strength of will power, the creativity to see beyond problems, importance of positivity and the true meaning of success. For all who feel that stress and nervousness are an unavoidable fact of modern life, the mystic poems of Anand Krishna reminds us that within each of us is an inner core of universal peace and harmony that we can learn to access at will. The mystic poems and writings of Anand Krishna shows us how to overcome fear, worry, anger, nervousness and moodiness. His writings also teach us how to stay calmly in the present and to stay actively focused, no matter what is going on around us and also teaches us to Experience the mystic and expansive timelessness and beauty of each moment. The spiritual and mystic poems of the author caters to the deepest needs of the human heart and soul. These poems reveal how we can meet the daily challenges to our physical, psychological, emotional and spiritual well-being - by awakening our divine nature, the neglected reality at the core of our being.

Through his writings the author succeeds in dispelling the myth that God is beyond our reach and beyond our self. He points out that it is not only possible to converse with God but to receive definite responses to our prayers and also converse with our divine self. The author Anand Krishna helps us to realize how close that infinite and all-loving Being is to each one of us. He also explains how we can make our prayers and thoughts so powerful and persuasive that they will bring a tangible response from the mystic universe. The books written by Anand Krishna motivates the readers how to be devoid of a harsh, materialistic life and live a life of peaceful serenity governed by quality and not quantity. The spiritual poems written by the author deal with complex issues in a very easy-to-understand and simple manner, inviting the readers to explore their inner selves through meditation and contemplation. The teachings of the author alters the perspective and attitude that people approach life with, changing one's thought process to invite and draw true material and spiritual success and prosperity .The books written by the author also highlights the key to dissolving obstacles both physical and spiritual while dealing with natural feelings of fear and the feeling of being lost. The author has been greatly inspired by the mystic philosophies propounded in the Geeta, Upanishads, Sufi literature and other ancient mystical works. The author Anand Singh (Pen Name: Anand Krishna) has written on various spiritual aspects of human existence in this world and beyond.

Table of Contents

Chapter 1-Dying Amongst the Mystic Mountains (Poems Based on Philosophy of Katha Upanishad)	05-62
Chapter 1.1-In Celebration of the Self (Poems Based on Philosophy of Katha Upanishad)	
Chapter 1.1.1-Poems on Contemplation	
❖ Can You Leave Behind Both Joy And Sorrow! O Mortal!	06
❖ Why Does the Earth's Joys Grow Dim! O Mortal!	07
❖ Why Don't You Turn Thy Gaze Inwards! O Mortal!	09
Quotes on Contemplation	
Chapter 1.1.2-Poems on Cosmic Sound	
❖ Behold the Word Which All Declare! O Mortal!	12
Quotes on Cosmic Sound	
Chapter 1.1.3-Poems on Self	
❖ Are Thou Not I, O Mortal!	14
❖ Are You Not I, O Mortal!	15
❖ Be Sure You Shall Be Freed From Misery! O Mortal!	17
❖ I Am Creator of Your Body, My Chariot! O Mortal!	18
❖ I Am The One Who Dispels The Darkness of Men! O Mortal!	21
❖ I Am The Sudden Inspiration of the Mystic! O Mortal!	22
❖ I Am The Tranquil Self That Restrains Thy Great Self! O Mortal!	23
❖ I Dwell In The Deepest Reaches of Thy Soul! O Mortal!	25
❖ Seek Him In Thy Heart And Soul! O Mortal!	27
Quotes on Self	
Chapter 1.1.4-Poems on Soul	
❖ O Soul! Why Don't You Witness the Lord Turn on the Engines of Your Miracles	30
❖ O Soul! Why Do You Witness Your Past Drive Your Futures Pace	33
❖ O Soul! Why Don't You Witness the Deep Law in Things	36
❖ O Soul! Why Don't You Witness the Heavenly Speed and Infallibility	39
❖ O Soul! Why Don't You Witness Your Heart Trail the Heavens	42
Quotes on Soul	
Chapter 1.2-Going from Death to Death (Poems Based On Philosophy of Katha Upanishad)	
❖ Are You Ready For The Dark Lord! O Mortal!	47
❖ Are You Ready To Ripen Like A Corn! O Mortal!	49
❖ Have You Given Away All You Posses! O Mortal!	50
❖ Why Do You Go From Death To Death! O Mortal!	51
❖ Why Do You Have Doubts About Thy Departure! O Mortal!	53
Quotes on Death	
Chapter 1.3-Understanding Ignorance and Wisdom (Poems Based on Philosophy of Katha Upanishad)	
Chapter 1.3.1-Poems on Good and Pleasant	
❖ Be Sure Not To Choose the Pleasant! O Mortal!	56
Quotes on Good and Pleasant	
Chapter 1.3.2-Poems on Ignorance and Wisdom	
❖ Be Sure Thou Does Not Tread the Tortuous Path! O Mortal!	59
❖ Be Sure You Do Not Tread the Tortuous Path! O Mortal!	60
Quotes on Ignorance and Wisdom	
Chapter 2- The Immortal Questions (Poems Based On Philosophy of Prasna Upanishad)	63-166
Chapter 2.1-Understanding Dreamless Sleep (Poems Based on Philosophy of Prasna Upanishad)	
Chapter 2.1.1-Poems on Dream	
❖ Why Do You Dream! O Mortal!	64
Quotes on Dream	
Chapter 2.1.2-Poems on Dreamless Sleep	

- ❖ Everything Finds Rest In Thy Supreme Self! O Mortal! 66
- ❖ "When Shall You Allow Thy Drop To Become The Sea" 67
- ❖ When Shall You Reach the State When You Speak Not
Quotes on Dreamless Sleep 68

Chapter 2.2-Ancient Vastness and Stillness (Poems Based on Philosophy of Prasna Upanishad)

- ❖ O Heaven's! Be Sure! I Can See the Loveliness of the Divine Symbol Shapes 72
- ❖ O Heaven's! Be Sure! I Can See the Murmurous Rivers of Felicity 74
- ❖ O Heaven's! Be Sure! I Can See the Treasure of My Old Unforgotten Ecstasies 76
- ❖ O Heaven's! Let Me Witness the Lotus of the Light Petalled Ecstasy 79
- ❖ O Heaven's! Let the Lord Lay His Hands upon the Mortal Soul of Flame 81
- ❖ O Heaven's! Let the Mortals Not Be Barred Out From Their Own Inner Depths 83
- ❖ O Heaven's! Let the Mortals Soul Be the Source and End of All Miracle 85
- ❖ O Heaven's! Why Do You Tempt My Heart with the Far Lure of Heaven 88
- ❖ O Heavens! I Can See My Being Witness the Ancient Vastness and Stillness 91
- ❖ O Heavens! I Can See My Soul Seated and Absorbed In Deep Creative Joy 94
- ❖ O Heavens! I Can See the Divine Ignite In My Being the Cosmic Flame 97
- ❖ O Heavens! Let My Soul Gaze towards a Thousand Ancient Suns 100
- ❖ O Heavens! Let My Soul Use Its Brilliant Force to Overcome
the Ancient Darkness 103
- ❖ O Heavens! Let My Soul Witness the Bright Kingdoms of the Rising Sun
Quotes on Heavens 106

Chapter 2.3-Understanding Life Consciousness (Poems Based On Philosophy of Prasna Upanishad)

Chapter 2.3.1-Poems on Life Consciousness

- ❖ O Life! You Move In The Womb As Lord of Creatures! 111
- ❖ Why Can't You See That When Life Settles Down In You, Then Wind and Fire
Settles Down In You 112
- ❖ Why Don't You Get Established In The Stainless World! O Mortal!
Quotes on Life Consciousness 114

Chapter 2.3.2-Poems on Rebirth

- ❖ Is Not Your Life Born of the Self! O Mortal! 117
Quotes on Rebirth

Chapter 2.4-Poems on Mother Earth

- ❖ Mother Earth! Can You Inspire Our Ascent to the Viewless Heights 120
- ❖ Mother Earth! Can You Let My Being Brood in Its Own Ancient Depths 123
- ❖ Mother Earth! Can You Let My Soul Be Rescued From Its
Prisoned Consciousness 126
- ❖ Mother Earth! Can You Make Me Alive with Being's Eternity 130
- ❖ Mother Earth! Can You Make Me Understand the Heaven's Meanings That
Steals through the Mystic Veil 133
- ❖ Quotes on Mother Earth
- ❖ Mother Earth! Take Me to a World Where My Soul Is Attuned
the Universal Will 139
- ❖ Mother Earth! Why Can't We Cleave the Eternal Darkness in
Us with the Mystic Fire 143
- ❖ Mother Earth! Why Can't We Hear the Flute of the Distant Player 147
- ❖ Mother Earth! Why Can't We See the Hidden Power
That Sits in Our Body's Cells 150
- ❖ Mother Earth! Why Do I Seek To Capture Truth Only For Outward Use 154
- ❖ Mother Earth! Why Do We Willingly Submit To Crude
Earthiness and Muddy Thrills 158
- ❖ Quotes on Mother Earth

Chapter 2.5-Worshipping the Sun (Poems Based On Philosophy of Prasna Upanishad)

- ❖ With Sacrificial Fuel In Thy Hands Didn't You Approach Him! O Mortal! 164
- ❖ Why Do You Strive Only To Win The Human World! O Mortal! 165
- ❖ Quotes on Sun Worship

**CHAPTER 1-DYING AMONGST THE MYSTIC MOUNTAINS (POEMS BASED ON
PHILOSOPHY OF KATHA UPANISHAD)**

**Chapter 1.1-In Celebration of the Self (Poems Based on Philosophy of
Katha Upanishad)**

Chapter 1.1.1-Poems on Contemplation



(Artist: Raja Ravi Varma Date: 1848-1906)

Poem on Contemplation

Can You Leave Behind Both Joy And Sorrow! O Mortal!



(Artist: Raja Ravi Varma Date: 1448-1906)

Can you leave behind both joy and sorrow! O mortal!

Can you see the primal being deeply hidden in thee.

Can you see the primal being set in the cave of thy heart.

Can you see the primal being dwelling in the deep.

Can you leave behind both joy and sorrow! O mortal!

Can you get behind thy senses.

Can you get behind thy mind and understanding.

Can you get to the very ground of thy soul.

Can you realise thy immense potentiality.

Can you realise the possibility of thy becoming eternity.

Can you leave behind both joy and sorrow! O mortal!

Can you get into the inner being of

thy spirit.

Can you get into the immediate relationship with the eternal.

Can you be lead by thy spirit beyond the law of determination.

Can you contemplate the mysterious divine hidden behind the phenomenal world.

Can you contemplate the mysterious divine hidden in the depths of thy own being.

Can you leave behind both joys and sorrow! O mortal!

Can you bring out thy impenetrable mystery.

Can you bring out thy inmost reality.

Can you identify the object of thy search.

Can you reach beyond the highest place of the manifested cosmos.

Can you reach into eternity.

Can you hear the sound beyond.

Can you comprehend the commotion beyond.

Can you extract the essence of eternity.

Can you reach the subtle beyond.

Can you leave behind both joys and sorrow! O mortal!

Can you extract thy essential nature.
Can you discern thy real character.
Can you gain supreme abiding bliss.
Can you get released from the house of thy life.
Can you get released from the house of thy body and mind.
Can you! O builder of houses! Make a house for thee again.
Can you see beyond right and wrong.
Can you see beyond what is done or not done.
Can you see beyond thy past and future.
Can you leave behind both joys and sorrows! O mortal!

[Back](#)



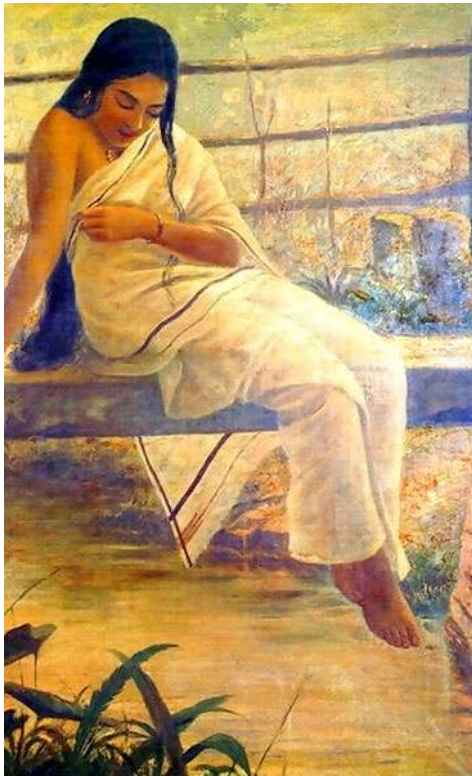
Halloween Witch: Witches and Halloween are perfect pairs as Oct. 31 is a time most advantageous to tap into supernatural perspectives. This time of year is situated in the crevasse of transition in both constellational, and seasonal aspects. It's a time when the Veil between mundane and magical are quite thin and energies tend to take on more revealing forms. As witches are devoted to utilizing, interpreting, magnifying, and manipulating unseen energies - their presence upon the cultural stage of this time of year is only common sense. Witches are gifted at energetic interpretations; and in ancient times their talents, perspectives and expertise would be called upon during this time of year for help in understanding messages from the non-physical side of life as well as forecasts for seasons ahead (long before the Farmer's Almanac, there were soothsayers :). And so, witches as a Halloween symbol are understandably vital to the occasion. (Source: <http://www.whats-your-sign.com>).

Poem on Contemplation of Self

Why Does the Earth's Joys Grow Dim! O Mortal!

Why does the glory of the earth pass way.
Why do you see change and decay all around.
Why don't you see he who changes not.
Why don't you perceive the forms through him.
Why don't you taste and smell through him.
Why don't you hear and touch through him.
Why does the earth's joys grow dim! O mortal!

Why do you shrink away from him.
Why do you shrink away from the lord of the past.
Why do you shrink away from the lord of the future.
Why do you shrink away from the experience.
Why do you shrink away from the honey eater.
Why do you shrink away from the enjoyer of the fruit of action.
Why does the earth's joys grow dim! O mortal!



(Artist: Raja Ravi Varma Date: 1848-1906)

Why don't you seek he who was born of old from austerity.

Why don't you seek he who was born of old from the waters.

Why don't you seek he who stands.

Why don't you seek he who enters in the sacred place of thy heart.

Why don't you seek he who looks forth through beings.

Why does the earth's joys grow dim! O mortal!

Why don't you seek he who arises with life.

Why don't you seek the soul of the Gods.

Why don't you seek he who stands.

Why don't you seek he who has entered the secret place of thy heart.

Why don't you seek he who was born with the beings.

Why does the earth's joys grow dim! O mortal!

Why don't you seek he the all knower.

Why don't you seek he who is hidden in the fire sticks.

Why don't you seek he the divine embryo borne out of the eternity.

Why don't you seek the place from where the sun arises.

Why don't you seek the place where the sun goes to rest.

Why don't you seek the place from where all Gods are founded.

Why don't you see the place from where no one goes beyond.

Why does the earth's joys grow dim! O mortal!

[Back](#)



Halloween Spiders: Much like the bat, cat, and the owl - spiders (as Halloween symbols and otherwise) are creatures considered to be endowed with supernatural qualities which make them harbingers of mystic energy. Witches often invite the spider into their homes and practices as a method of enhancing understanding of energetic patterns. Why are they so mystical? Predominantly because of their ability to weave webs, which has long been symbolic of time, fate, progress and the representation of the human journey (on both physical and philosophical levels). Also, the spider boasts eight legs, and the number eight is symbolic of cycles which would make the spider's presence during this time of year (symbolic of the transition between summer to winter) quite fitting. (Source: <http://www.whats-your-sign.com>).

Poem on Contemplation of Self

Why Don't You Turn Thy Gaze Inwards! O Mortal!



(Artist: John William Waterhouse Date: 1849-1917)

Why do you seek him through thy senses.

Why do you look outward.

Why don't you look and see thyself with thy eyes twined inwards.

Why do you look outwards into appearance of things.

Why don't you withdraw thy attention from the world.

Why don't you turn thy gaze inwards! O mortal!

Why don't you control and not

suppress thy senses.

Why don't you bring about an inversion of the natural orientation of thy consciousness.

Why don't you close thy eyes to the phenomenal variety.

Why don't you turn thy eyes inward to the noumenal variety.

Why don't you turn thy eyes inward to the noumenal reality.

Why do thy eyes rest on the perishing things of the world.

Why don't you turn thy gaze inwards! O mortal!

Why do you not know the truth of things.

Why do you not perceive the truth.

Why are you like the prisoners in a cave.

Why you are able to look in only one direction.

Why you see shadow of thyself.

Why do you regard these shadows as real.

Why don't you turn thy gaze inwards! O mortal!

Why don't you have notion of the object that causes these shadows.

Why don't you escape from the cave to the light of the sun.

Why are you deceived by thy own shadows.

Why is thy soul dragged by the body into the region of the changeable.

Why does thy soul wander.

Why is thy soul confused.

Why don't you turn thy gaze inwards! O mortal!

Why doesn't thy soul return into itself.

Why doesn't thy soul reflect.

Why doesn't thy soul pass into the region of purity and eternity.

**Why doesn't thy soul pass into the region of immortality.
Why doesn't thy soul pass into the region of unchangeableness.
Why doesn't thy soul cease from its erring ways.
Why don't you turn thy gaze inwards! O mortal!**

**Why are you small minded.
Why do you go after outward pleasures.
Why do you walk into the snare of widespread death.
Why don't you recognise life eternal.
Why do you seek the stable amongst things which are unstable.
Why don't you turn thy gaze inwards! O mortal!**

[Back](#)



Halloween Black Cats: Mysterious, precocious, sleuthy, and seemingly able to stalk the darkest nights without aid of light - the cat has long been considered to be closely linked with otherworldly concepts. Indeed, many practitioners of energetic communication welcomed the company of felines as it was understood these creatures could serve as a facilitator to opening other worldly doors. Black is a common colour of mystery and the unknown. Black is also considered to be an absorbing element - taking on off-kilter energies and

transforming them into purer frequencies. When we view the meaning of Halloween symbols based on the understanding it is a time of transitions - the black cat becomes a suitable totem for the celebration. The black cat augers our connection with the intangible, and serves as a bridge from the mundane to the magical. (Source: <http://www.whats-your-sign.com>).

POPULAR QUOTES ON CONTEMPLATION

"The joys of heaven are not the joys of passive contemplation, of dreamy remembrance, of perfect repose; but they are described thus: "They rest not day nor night." "His servants serve Him, and see His face."

- **Alexander
MacLaren**

"If we can keep our minds calm on the subject of the "Eternity of God," if reason does not totter on her seat at the contemplation of underived existence, it will be strange if any other mystery relating to God should disturb us. He who can bring his reason to bow reverently at the idea of a Being who had no beginning, is well prepared to receive any communication of His will."

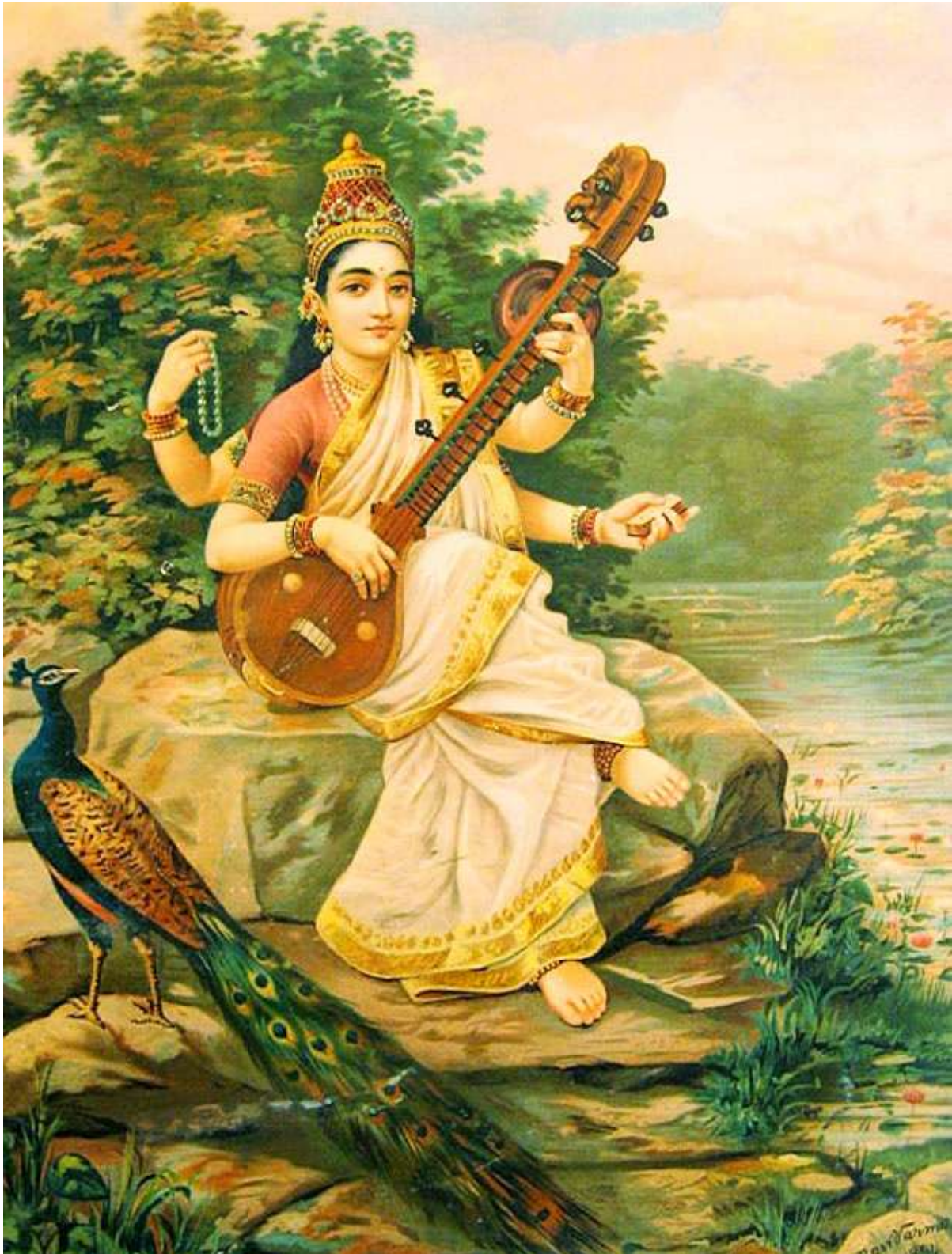
- **Nehemiah Adams**

"I say that man believes in a God, who feels himself in the presence of a Power which is not himself, and is immeasurably above himself, a Power in the contemplation of which he is absorbed, in the knowledge of which he finds safety and happiness."

- **Henry
Drummond**

**Chapter 1.1-In Celebration of The Self (Poems Based On Philosophy Of
Katha Upanishad)**

Chapter 1.1.2-Poems on Cosmic Sound



(Artist: Raja Ravi Varma Date: 1848-1906)

Poem on Cosmic Sound

Behold the Word Which All Declare! O Mortal!



(Artist: Hans Zatzka

Date: 1859-1945)

**Behold the word which all the austerities proclaim.
Behold the word that is the goal of all revelation.
Behold the word that is the symbol of the manifested.
Behold the word that is the symbol of the unmanifested beyond.
Behold the word which all declare! O mortal!**

**Behold the word that is the everlasting spirit.
Behold the word, that is indeed the highest end.
Behold the world that is best of all supports.
Behold the world that is the highest of all support.
Behold the word which all declare! O mortal!**

[Back](#)



Right-turning Conch (Shankha): The shankha or conch-shell is a traditional Vedic instrument. Like the shofar of Judaism, it is used originally as a war-horn, and later, as a ritual sounding-instrument. Its sound is believed to banish fear and evil spirits, and causes enemies to tremble. In Vedic belief, it is an attribute of Vishnu and a number of other deities. In Tibetan Buddhism, the conch is one of the eight Auspicious Symbols (Ashtamangala) representing the paths of Buddhism, and represents the voice of the Buddha and the truth of the dharma. Both Vedic and Buddhist tradition differentiates between shells whose spirals turn clockwise (in the direction of the sun) and counter-clockwise; the "right-turning" conch being more auspicious. (Source: www.symboldictionary.net).

POPULAR QUOTES ON COSMIC SOUND

"Christ's voice sounds now for each of us in loving invitation; and dead in sin and hardness of heart though we be, we can listen and live. Christ Himself, my brother, sows the seed now. Do you take care that it falls not on, but in, your souls."

- **Alexander
MacLaren**

"If I cannot hear 'The sound of rain' long before the rain falls, and then go out to some hilltop of the Spirit, as near to my God as I can and have faith to wait there with my face between my knees, though six times or sixty times I am told 'There is nothing', till at last there arises a little cloud out of the sea, then I know nothing of Calvary love."

- **Amy Carmichael**

**Chapter 1.1-In Celebration Of The Self (Poems Based On Philosophy Of
Katha Upanishad)**

Chapter 1.1.3-Poems on Self



(Artist: Jean-Marc Nattier Date: 1685-1766)

Poem on Self

Are Thou Not I, O Mortal!



(Artist: Hans Zatzka Date: 1859-1945)

**Are thou not I, O mortal!
I cannot be attained by
instruction! O mortal!
I cannot be attained through
intellectual power.
I cannot be attained through
much hearing.
I can be attained only by the one
whom I choose.
Are thou not I, O mortal!**

**I am difficult to know.
I am unknowable by unaided
intellect.
I am knowable through my own
self revelation.
I am knowable to the man I
choose.
I am the supernatural light that
darts through thy soul.
I am the product of thy
recollection.
I am the product of thy
introversion.**

**I am entirely beyond the power of thy soul.
Are thou not I, O mortal!**

**I am the source of all life.
I am the source of all prayers.
I am the indwelling that takes thee to the supernatural.
I work on my own in thy soul.
I am beyond the power of unassisted nature.
I am the transforming force within thee.
I am the force that ensues of thy natural self.
I enter into thee from beyond.
Are thou not I, O mortal!**

**I work out thy salvation.
I am thy fear and trembling.
I am thy grace and not doctrine.
I am thy desire and not knowledge.
I am the groaning of thy prayer rather than thy study.**

**I am thy spouse rather than thy teacher.
I am the mist rather than the clarity.
I am the fire aflame rather than the light.
I am thy devotion.
I am thy glowing affection.
Are thou not I, O mortal!**

[Back](#)



Cornucopia (Horn of plenty, Horn of Amalthea): The Cornucopia (Latin, 'horn of plenty'), a spiraling, woven basket overflowing with an abundance of produce, is an ever-present symbol of harvest prosperity. The symbol dates back to an ancient tale of the Nymph Amalthea,* who, as a reward from the infant Zeus for a meal of Goat's milk, was given an enchanted goat's horn which gave whatever one wished for.** The cornucopia became a ubiquitous symbol of fortune and plenty, and was associated with many Goddesses, including Fortuna, the goddess of good fortune, and Ceres, Goddess of agriculture. (Source: www.symboldictionary.net).

Poem on Self

Are You Not I, O Mortal!



(Artist: Hans Zatzka Date: 1859-1945)

**Are you not I, O mortal!
I sprang from nothing.
I am that from which nothing sprung.
I am unborn and eternal.
I am abiding and primeval.
I am not slain when the body is slain.
Are you not I! O mortal!**

**I am the inner reality.
I am without a cause.
I am changeless.
I am not bound up with any name or form.
I am primeval.
I am new even in old times.
I am devoid of growth.
Are you not I, O mortal!**

**I am the slayer that slays.
I am the slain.
I neither slay.
I am neither slain.
I am smaller than the small.
I am greater than the great.
I am set in the heart of every creature.
Are you not I, O mortal!**

**I am greater than the earth.
I am greater than the sky.
I am greater than all these worlds.
I am greatness that is infinite.
I am greatness without quantity.
I am greatness without number.
Are you not I, O mortal!**

**I am outside all solidify and distance.
I penetrate all things without let or hindrance.
I am smallness without quantity or quality.
Are you not I, O mortal!**

**I am the God who rejoices.
I am the God who rejoices not.
I move far and wide yet I sit.
I go everywhere yet I lie.
I am bodiless among bodies.
I am the stable among the unstable.
I am the great and all pervading.
I am the imperishable omnipresent.
Are you not I, O mortal!**

[Back](#)



Eckankar ("Eck") Emblem: The emblem of Eckankar, a spiritual group founded in 1965 by former Scientologist and Yoga initiate John Paul Twitchell. The philosophy of "Eck" follows that of numerous Eastern traditions that a divine sound current ("Om") emanates throughout creation, becoming increasingly denser and entangled within the material. Mimicking the divine sound helps one to attune to that current and purifies matter, bringing one closer to the divine source. The symbol itself is simply "Ek," short for eckankar, a corruption of the words "Ek Onkar," God is one or one essence; 'omkar' means, literally, 'om creator' and can be likened to the First Cause. Omkar written in Sanskrit letters is what we commonly refer to as the "Om symbol." (Source: www.symboldictionary.net).